

Under 3 Parents and Tots Soccer Program “Fun First”

Parents and Tots Soccer Program prepares children (Ages 2-3) for organized soccer, without the competition or the fear of getting hurt.

- Gives parents and children the opportunity to work one-on-one and spend quality time together.
- Teaches children motor skill tasks that gradually build confidence, while children have FUN at the same time
- Allows children the opportunity to work one-on-one with a parent.
- Teaches children a variety of soccer skills.
- Provides enhanced enjoyment through movement
- Offers soccer exercises that become increasingly more difficult as the class progresses and children show improvement.

Under 3 Parents and Tots Soccer Program Philosophy

The Parents and Tots Soccer Program is designed for pre-school children, with that in mind; it would be a mistake for anyone to coach them in the same manner as older children. This program is dedicated to creating a fun environment where children can love, enjoy, and succeed at the game of soccer. This is done through a balanced curriculum of fun games and challenging experiences taught by coaches who take their leadership roles seriously in making the children’s soccer activities positive and fun filled.

Goals

- To create a fun soccer related experience appropriate for 3 & 4 year olds
- To develop motor skills
- To develop decision making skills
- To build self esteem
- To develop social skills

Child Centered Exercises

Since pre-school children are generally not ready for organized team sports, it is important that activities are child centered. Exercises involve individual dribbling and kicking skills. All children can participate at their own level if they wish to do so. Participation is important for both learning and enjoyment. Children must be allowed to participate without criticism or coaching because it is much more likely that your child will become intrinsically motivated, i.e. playing for the love of the game rather than playing to please Mom or Dad.

**Under 3 Parents and Tots Soccer Program
Spring Schedule**

September 10 thru October 27

All Sessions at the North Mount Carmel Park in Hampton

Option #1
Monday 5:30 – 6:15
September 10, 17, October 1, 8, 15, 22

Option #2
Tuesday 6:20 – 7:05
September 11, 18, October 2, 9, 16, 23

Option #3
Wednesday 6:20 – 7:05
September 12, 19, October 3, 10, 17, 24

Option #4
Thursday 5:30 – 6:15
September 13, 20, October 4, 11, 18, 25

Option #5
Friday 6:20 – 7:05
September 14, 21, October 5, 12, 19, 26

Option #6
Saturday 9:30 – 10:15
September 15, 22, October 6, 13, 20, 27

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